

RESOURCE GUIDE FOR FAMILIES

See if you're eligible for food assistance, cash assistance and health insurance at NJHelps.gov –

Need Help Now?

NJ 211 is available 24/7 for help with:

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New Jersey

- Food
- Housing
- Homelessness
- Mental health
- Physical health
- Senior needs
- Substance use disorders
- Legal assistance
- Transportation
- Disability services
- Kinship

Hotlines

ReachNJ (Addiction Help)
1-844-ReachNJ

Division of Disability Services
1-800-832-9173

VA Benefits Family/Domestic Violence Hotline
1-888-8NJ-VETS (865-8387)

Family/Domestic Violence
1-800-572-7233

Child Abuse/Neglect
1-877-NJABUSE (652-2873)

NJ Housing Resource Center
1-877-428-8844 | nj.gov/njhrc

or check out the many other programs to support low- to moderate-income families below.

Food and Nutrition

NJ SNAP-Ed
NJSNAP-Ed.gov

Educational program to inform healthy, budget-friendly food choices and more active lifestyles.

WIC

njwic.org | 1-800-328-3838

Nutrition and breastfeeding support, health care and food benefits for women and young children.

School Food Programs

Provides healthy food to school-age children in eligible schools. Ask your school for information.

Housing and Energy

Low-Income Home Energy Assistance (LIHEAP) | Universal Service Fund (USF)
energyassistance.nj.gov
1-800-510-3102

Financial assistance to pay heating and cooling bills.

Lifeline Utility Assistance
1-800-792-9745

Gas and electric credit for those who are PAAD eligible and Supplemental Security Income (SSI) recipients.

DCAId

nj.gov/dca/dcaid

NJ Division of Housing and Community Resources' housing-related assistance screening tool.

Health Resources

988 Suicide & Crisis Lifeline

988lifeline.org/chat | Text/Call 988

24/7, free and confidential support. You can also use 988 if you're worried about a loved one.

NJ FamilyCare

NJFamilyCare.org
1-800-701-0710 TTY:711

Free or low-cost health insurance covering doctor visits, prescriptions, vision, dental care, mental health and substance use services, and hospitalizations for qualified NJ residents of any age. The program includes CHIP and Medicaid.

Pharmaceutical Assistance to the Aged and Disabled (PAAD)
1-800-792-9745

Prescription drug coverage for eligible older adults and individuals with disabilities.

Additional Resources

NJ Earned Income Tax Credit (EITC)
eitc.nj.gov | 1-609-292-6400

In 2024 a single parent with 3 or more children earning less than \$56,838 (or \$65,398 for a married couple filing jointly) may get a combined federal and state cash-back tax credit of up to \$9,709. You must file taxes and meet income guidelines.

One-Stop Career Centers

nj.gov/labor/career-services
Job search assistance, employment skill building, training and education and on-site resource rooms.

1-888-LSNJ-LAW

LSNJLAWHotline.org | 1-888-576-5529
Civil legal information for low-income residents of New Jersey.

Families First Discovery Pass

FamiliesFirstDiscoveryPass.com
Free or discounted access to museums, theaters, historic sites and cultural events for SNAP, WFNJ, Child Care Assistance Program and WIC recipients.



NEW JERSEY DEPARTMENT OF HUMAN SERVICES

New Jersey Human Services is here to help you and your family.

GET HELP WITH:



AFFORDING HEALTH CARE COVERAGE

Visit www.NJFamilyCare.org
1-800-701-0710



ADDICTION TREATMENT AND RECOVERY

Call 844-REACHNJ



AFFORDING GROCERIES

Visit www.NJSNAP.gov
1-800-687-9512



MENTAL HEALTH & EMOTIONAL SUPPORT

Suicide & Crisis Lifeline 988
NJMentalHealthCares 866-202-HELP
ASL Videophone 973-870-0677



INCOME ASSISTANCE FOR INDIVIDUALS AND FAMILIES

Visit NJHelps.org



SUPPORTS FOR OLDER RESIDENTS

Call 877-222-3737



CHILD CARE

Visit www.ChildCareNJ.gov
1-800-332-9227



SERVICES FOR INDIVIDUALS WITH DISABILITIES

Call 888-285-3036



State of New Jersey
Phil Murphy, Governor | Sheila Oliver, Lt. Governor



Department of Human Services
Sarah Adelman, Commissioner

Camden County Food Banks

Cedar Lane Missionary	Barbara Lentz 856-783-6525	103 Cedar Lane Laurel Spring, NJ 08021	3rd Tues 10a-2p
City of Light Ministries	Verna Goss 856-381-1563	615 Jackson Rd Atco, NJ 08004	3rd Tues. 10am call ahead
Cultivate Church 1st Food Pantry	Marie Carey 856-429-6633	2303 E Evesham Rd Voorhees, NJ 08043	2nd & 4th Thurs. 4p-7p
1st Baptist Church Corner Cupboard	Jannie Odom 856-882-8307	57 White Horse Pike Chesilhurst, NJ	3rd Wednesday 4p-7p
1st Hispanic Pentecostal Church	Debbie Garay 856-863-4054	431 W Nicholson Rd Audubon, NJ 08106	1st Saturday 10a-1p
God's Heavenly Hands	Karen Dobbs 856-577-4499	2220 Woodlynn Ave Woodlynn, NJ	4th Sat 10a-1p & emergencies
Grace Bible Church	Mariann Barner 856-546-4885	887 Clements Bridge Rd Barrington, NJ	2nd & 4th Tues 6:30p-8:30p
Grace Episcopal Church	Norma Bush 856-665-4117	7 E Maple Ave Merchantville, NJ 08109	Every other Wed 11a-1p
Hope Chapel	Lazzar Lifschitz 856-784-7999	28 E Branch Pine Hill, NJ 08021	2nd & 4th Friday 5:30p-7:30p
Hope UM Church	Traci Davis 856-751-4673	700 Cooper Rd Voorhees, NJ 08043	2nd, 4th, 5th Wed 1p-2p
Lighthouse Baptist Church	Dr Jim Doster 856-456-8595	1117 Nicholson Rd W Collingswood, NJ	2nd Thurs 4p-6p, 4th Thurs 4p-7p
Love Ministries International Inc	Georgia Dennis 609-880-9280	1900 Carman St Camden	Tues, Thu & Sat 10a-12p, 4th Mon 10a-2p
Mary, Queen of All Saints	Mary McGinley 856-662-2721	4824 Camden Ave Pennsauken, NJ	Saturdays 10a-11:30a
SVPD- Lady of Guadalupe	Lorraine S. 856-627-8824	100 South Ave Lindenwold, NJ 08021	2nd & 4th Sat 10a-12p
SVPD- Lady of Mt Carmel	Dennis Chang 856-767-7391	157 W White Horse Pike Berlin, NJ	1st & 3rd Tues 11a-3p
SVPD- Lady of Hope Parish	Anna O'Toole 856-232-5558	200 Coles Rd Blackwood, NJ 08012	Must register: Gloucester twp resident
Trinity UM Church	Mike O'Shea 856-665-1806	36 W Maple Ave Merchantville, NJ	2nd Wed 10a-12p & after Sun. Service
Twin Oaks Comm. Serv.	Pamela Collins 856-210-1500	128 Cross Keys Rd Berlin, NJ 08009	Mon. Tues. Wed. Fri. 12p-2p
The Unforgotten Haven	Leave message on Facebook	theunforgottenhaven@comcast.net	100 S BHP Blackwood, NJ
Sicklerville UM Church	Kathy H. 856-728-1636	406 Church Rd Sicklerville NJ 08081	Winslow Twp residents only, must call 1st and must have an award letter.

Camden City Food Banks

Church of the Sacred Heart	Mike Parker 856-966-6700	1739 Ferry Ave Camden, NJ 08104	4th Saturday 8a-11am
Fountain of Life	Sonia Martinez 856-397-7524	403 Steven St Camden, NJ 08103	Wednesday 8:30am until done
Hope Community Outreach	Odessa Edmond 609-932-4600	1299 Morton St Camden, NJ 08103	Must make appt. Mon.-Fri.
Hope Memorial Baptist Church	William Klein 856-365-1364	915 N 36th St Camden, NJ 08105	2nd Sunday 1p-5p
Mt. Olivet S.D.A. Church	Arlene Pierre 856-365-6108	800 Chelton Ave Camden, NJ 08101	Wednesday 2p-4p
New Life Community Development	Mattie Cooper 856-541-1190	1721 Haddon Ave Camden, NJ 08103	3rd Friday 4p-5p
Parkside U.M. Church	Leila Davis 856-964-2254	1420 Kaighn Ave Camden, NJ 08103	2nd & 4th Sunday 12p-2p
The Neighborhood Center	Chef Lou Wilson 856-365-5295	278 Kaighn Ave Camden, NJ 08103	Sit & Eat 12p-1p Mon.-Fri.
My Mother's Legacy Corp.	856-291-0071	mymotherslegacycorporation@gmail.com	Delivery Only
God's Bread Ministry	Mike 856-308-3291	1142 Kaighn Ave Camden, NJ	Tues. & Thurs. 11:30a-1:30p
Salvation Army/Kroc Center	856-379-4871 for appt.	1865 Harrison Ave Camden, NJ 08105	Mon. 9a-3:30p, Thurs. 2p-3:30p, Fri. 9a-2p
Cathedral Kitchen	All meals prepared and cooked on premises, served to table.	1506 Federal St Camden, NJ 08105	Mon.-Fri. 3:15p-5p Dinner Sat. 12p-1p Lunch