



The Winter Cluckletter

A Seasonal Guide for Our Feathered Friends



Winter is upon us, dear chickens! While the frosty air may seem daunting, with a little care, we can all stay warm, cozy, and clucking along.

Staying Warm and Cozy

- * **Coop Check-up:** Ensure your coop is draft-free and well-insulated. Consider adding extra bedding like straw or hay to keep your feet warm.
- * **Water Watch:** Keep a close eye on your waterer. Frozen water is a no-go! Use heated waterers or change the water frequently to prevent it from freezing.
- * **Nutritional Boost:** Now is the time to up your nutritional game. A diet rich in protein and healthy fats will help you stay warm and healthy. Don't forget those tasty winter treats like scratch grains!
- * **Sunshine Sessions:** When the sun does peek out, take advantage of those precious rays. A little bit of sunshine can do wonders for our spirits and vitamin D levels.
Health and Wellness
- * **Stay Dry:** While a little snow is fun, prolonged exposure to wet conditions can lead to illness. Ensure your coop has proper drainage and avoid muddy areas.
- * **Regular Check-ups:** Keep an eye out for any signs of illness, such as lethargy, loss of

appetite, or respiratory issues. If you notice anything unusual, let your human know.

- * **Stress Relief:** Winter can be stressful, so take some time to relax and de-stress. A warm dust bath or a peaceful nap can do wonders for your mental health.

Community Corner

- * **Winter Flock Fitness:** Stay active during the winter months with indoor exercises like pecking games and obstacle courses.
- * **Coop Crafts:** Get creative and decorate your coop with winter-themed decorations. Remember, dear chickens, with a little preparation and care, we can all weather the winter storm and emerge stronger than ever. Stay warm, stay healthy, and keep clucking!

Helpful Resources

- * **Chickens in Winter: A Complete Guide to Caring for Your Flock:**
<https://extension.umn.edu/small-scale-poultry/caring-chickens-cold-weather>
- * **Caring for chickens in cold weather:**
<https://www.thepoultrysite.com/news/2018/12/how-to-keep-your-chickens-warm-in-winter>